

Let's Quit Idling



No Idling
For our Kids' Sake

Advocate for a healthy environment for our children to grow and learn in.



Air Quality



- Children are more susceptible to air pollutants
 - Breathe faster than adults
 - Still developing
- Idling cars exposes children to benzene, formaldehyde, nitrogen dioxide and particulate matter, all of which injure lungs and blood vessels.
- Concentrated pollutants trigger asthma attacks increasing school absences.



Reasons not to idle

- Health
- Money: An idling car can waste up to half a gallon of fuel per hour Don't be fuelish!
- Engine wear: Idling damages car components such spark plugs and exhaust systems
- Modern cars do NOT need to “warm up” by idling
- 10-second rule: Turning off engine and restarting it uses less fuel than idling for more than ten seconds.

Tactics to educate and reduce idling

- Signage
- PTSA meetings
- School newsletters/ Social media
- Student campaigns
- Pledges





Resources

- Sustainable America toolkit: <https://iturnitoff.com/#/savings>
- EPA Idle free schools toolkit: <https://www.epa.gov/schools/idle-free-schools-toolkit-healthy-school-environment>
- Clean Cities and Communities: <https://cleancities.energy.gov/technical-assistance/idlebox>

May is National Clean Air Month!