

AN EVENT FOR PARENTS & CAREGIVERS

TRANSFORMATIVE PARENTING

EMPOWERING YOUR JOURNEY WITH TEENS

SATURDAY, MARCH 1 • 10 AM – 1 PM
LWSD RESOURCE CENTER

FREE & OPEN TO THE LWSD COMMUNITY

Unlock the secrets to a happier, healthier relationship with your adolescent! The Lake Washington PTSA Council presents a comprehensive event designed to provide you with the **tools, knowledge** and **confidence** to **support your teens** through their most challenging years.

PRESENTED BY



FEATURING



Deborah Sleeman
PARENT EDUCATOR & YOUTH ALLY

AND
SPEAKERS
FROM



MORE INFO & RSVP: [LWPTSA.net/transformative-parenting](https://www.lwptsa.net/transformative-parenting)