

# High School Day

## PTSA Lunch and Learn

January 16, 2025





**Scott Beebe**

Deputy Superintendent

# Purpose Today

1. Address some of the key concerns and misperceptions in the broader community
2. Clarify key changes and outline next steps as we move into student registration season



## Why the shift from 7 to 6 periods?

October 2024, Dr. Holmen announces the decision to move from a 7-period high school day back to a 6-period high school day. The work leading up to this decision began long before.





# 2015



## A Brief History

- 24 credit requirement for class of 2019 goes into effect
- 1,080 instructional hour requirement takes effect
- LWSD forms college and career committee to examine HS start times and 24-credit response





2017



## 7-Period Day Decision

- Recommendation from College and Career committee to move to 7-period day
- Also recommend adding 20 minutes to HS day to meet hours requirement
- Was not a strong consensus on 7-period option





2018



## 7-Period Day

- 2018 – 2019 school year was the first year of the 7-period high school day
- 20 minutes added to school day same year
- District removes 1 school day from calendar (181<sup>st</sup> day)





2019



## First Graduating Class

- First graduating class with 24-credits required
- One year of 7-period day
- LWSD enrollment peaks







2020



## Pandemic Impacts

- COVID 19 global pandemic disrupts all school operations
- State implements options for credits and pathways to graduation in response
- Enrollment begins to decline





# 2021



## Post Pandemic

- First class of all 7-period day begins school year
- Pandemic recovery
  - School Operations
  - Student Emotional Needs
  - Student Academic Needs
  - Enrollment decline continues





# 2022



## Start Time Work

- Committee convenes to pick up start time work from 2015
- Recommendation to shift start time for HS to 8:30
- Students report sense of overwhelm for workload in data collection
- Enrollment decline continues





# 2023



## Impacts of 7-Period Day

- Committee begins work to evaluate the impact of the 7-Period HS day
- Start time changes implemented
- Enrollment declines continue
- Budget adjustments continue





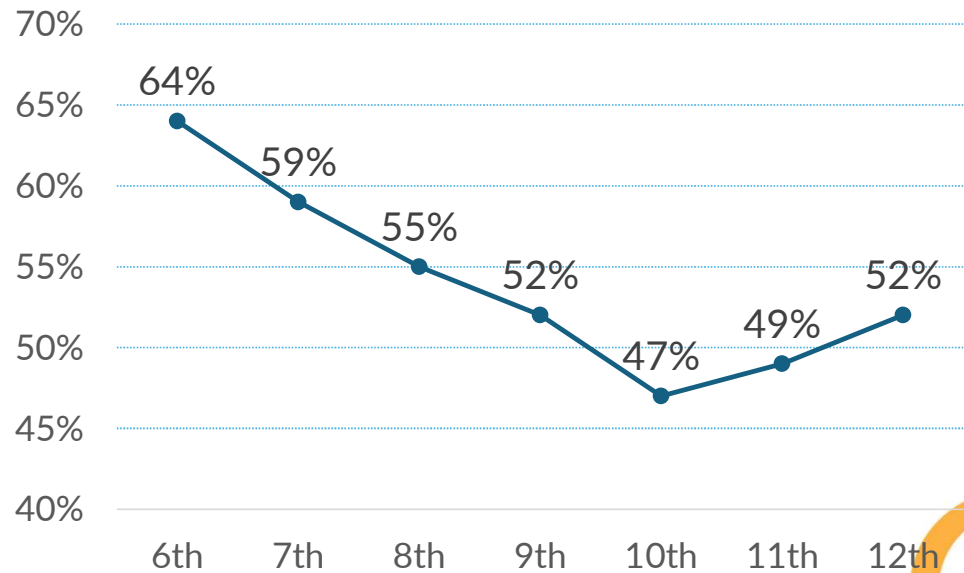
# 2023



## Impacts of 7-Period Day

### Self-Efficacy By Grade Level - Fall 2023

Panorama





# 2024



## HS Day Recommendation

- Committee recommends seeking alternatives to 7-period day
  - Student Well Being
  - Fiscal Reality
- Enrollment declines continue
- District reduces budget largely attrition and shifts to capital expense





# 2024



## HS Day Recommendation

- June – Oct 2024 – Technical workgroup examines options
- October 2024 – District to change to 6-Periods
- Community forums held
- Technical group expands to include teachers
- Schedule Rec – December
- LWEA request to bargain





# 2025



## HS Day Implementation

- Policy changes initiated
- Student registration begins
- Master schedules built (typical process)
- Staffing determined by registration (typical process)
- Sept 2025 – 6-period day begins





# Perceptions



**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



The district will expand the number of outside credits that will be accepted and placed on a student's transcript.

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



The number of credits we will accept from outside sources will be expanding. Details of this policy change will be shared pending board approval and additional work with staff. (Late January)

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



Class sizes at the high schools will be larger following the shift to the 6-period day.

# TRUE

This statement is true  
or mostly true

# FALSE

This statement is false  
or mostly false



Class size ratio remains constant for 6-period day.

	7-Period	6-Period
Number of HS Students	9038	9038
Number of periods taught per day	5	5
Periods / Day taken by students	7	6
Number of student periods	63266	54228
Average class size	29.4	29.4
Number of classes	2152	1844

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



LWSD will lay off 61.5 high school teachers.



# What does that mean for our teaching staff?

Number of HS Students  
Number of periods taught per day  
Periods / Day taken by students  
Number of student periods  
Average class size  
Number of classes  
Number of teachers

	7-Period		6-Period
	9038		9038
	5		5
	7		6
	63266		54228
	29.4	=	29.4
	2152		1844
	430.4		358.9

- 61.5

**TRUE**

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- Will need fewer teachers for a 6-period day true.
- Avg 38 openings through attrition previous 3 years.
- Process defined in collective bargaining agreement.
- Need driven by student registration.
- Influenced by reinvestment of half of cost savings.
- Driven by seniority not principal or district decision.





# 85%



Of the District General Fund Budget is People



# Reduction in Force

- Empathy and Care for the People Involved
- Make decisions as soon as possible
- Stood up RIF FAQ and Staff Site
- Minimize through attrition
- Process and Language in Section 24 of CBA



# Reduction In Force - Factors

*What factors are involved in the process?*

## Contractual Status

- Leave Replacement
- Provisional
- Continuing (Priority)

## Seniority

- District (contractual start date)
- State (salary matrix placement)

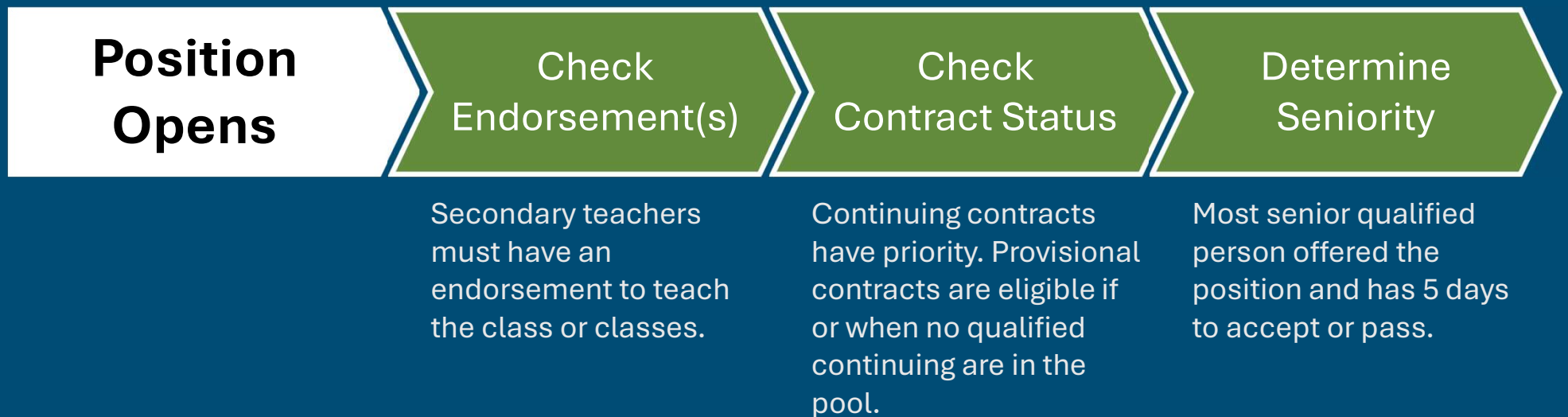
## Assignment / Certification

- Assignment Level
- Certification



# RIF Process in a Nutshell

## *Order of Operations*



**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



School day will automatically be 20 minutes shorter, same amount added when 7-period day came online.

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



- Length of day driven by 1027-hour requirement, not number of periods
- Requirement changed in 2015-2016 prior to 7-period day
- LWSD made both adjustments at the same time

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



Kids from LWSD will be at a competitive disadvantage from other districts for college admissions to elite programs or universities.



# TRUE

This statement is true  
or mostly true

# FALSE

This statement is false  
or mostly false



- An individual's transcript is weighed against the "school profile" of courses and programs available to students not a direct comparison to other students
- Determine what opportunities students took advantage in the system they were a part of
- Consider carefully what the transcript communicates about the student's interests, characteristics as well as academic preparedness

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



It won't be possible to take four years of  
music or world language.

**TRUE**

This statement is true  
or mostly true

**FALSE**

This statement is false  
or mostly false



- LWSD is creating flexibility in a variety of ways.
- Different students can accomplish this differently
- Each student charts their path on HSBP w/  
counselor support

## 4 Years of World Language and Music

	9	10	11	12
1				
2				
3				
4				
5				
6				



**Work in Progress: Sample Schedules**

## 4 Years of World Language and Music

	9	10	11	12
1	English 9	English 10	English 11	English 12
2				
3				
4				
5				
6				



**Work in Progress: Sample Schedules**

## 4 Years of World Language and Music

	9	10	11	12
1	English 9	English 10	English 11	English 12
2	World History 1 / Health	World History 2	US History	
3				
4				
5				
6				



**Work in Progress: Sample Schedules**

## 4 Years of World Language and Music

	9	10	11	12
1	English 9	English 10	English 11	English 12
2	World History 1 / Health	World History 2	US History	
3	Algebra 1	Geometry	Algebra 2	
4				
5				
6				



**Work in Progress: Sample Schedules**

## 4 Years of World Language and Music

	9	10	11	12
1	English 9	English 10	English 11	English 12
2	World History 1 / Health	World History 2	US History	
3	Algebra 1	Geometry	Algebra 2	
4	Biology	Physics in the Universe	Chemistry in Earth Systems	
5				
6				



**Work in Progress: Sample Schedules**



## 4 Years of World Language and Music

	9	10	11	12
1	English 9	English 10	English 11	English 12
2	World History 1 / Health	World History 2	US History	
3	Algebra 1	Geometry	Algebra 2	
4	Biology	Physics in the Universe	Chemistry in Earth Systems	
5	Band	Band	Band	Band
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4



**Work in Progress: Sample Schedules**

	9	10	11	12
1	English 9	English 10	English 11	English 12
2	World History 1 / Health	World History 2	US History	Civics / PE
3	Algebra 1	Geometry	Algebra 2	Precalculus
4	Biology	Physics in the Universe	Chemistry in Earth Systems	Forensic Science
5	Band	Band	Band	Band
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4

- Waive 1.0 PE credit and complete alternative OR could use 4<sup>th</sup> year of math to make space for 1.0 PE
- Could make room for another CTE course to access graduation pathway option via CTE using 4<sup>th</sup> year math slot
- Could also use 4<sup>th</sup> year band to meet OCC Ed credit requirement
- Options are very student dependent



## Work in Progress: Sample Schedules

Opportunity Webs	Credit	Timeline
4 <sup>th</sup> Year Music Occ Ed Credit	Not an additional earned credit but does meet Occ Ed requirement	January 2025
High School and Beyond Plan	Elective credit	Pending Board Approval January 2025
SBA ELA / Math	Credit Recovery up to .5 in Math and ELA	Pending Board Approval January 2025
AVID	CTE for 9 <sup>th</sup> Grade or Occ ed met	January 2025
PE Waiver	PE waiver, revised content assessment	Pending Board Approval January 2025
Online Health	Health online, WANIC Summer Health	Active
Performance Based Credit	World Language (World Language Proficiency) up to 4 credits WA Seal of Biliteracy, Science (State Assessment) .5 credits	Pending Board Approval January 2025
Accepting more out of district credits	Increase allowable outside credits on transcript and grade replacement – requires prior approval, some preapproved providers	Pending Board Approval January 2025
Credit for Outside Work (Job)	Elective Credit	Ongoing
Cascadia Partnership (Others)	Variety, Expanding College in the High School. Running Start on campus, etc.	Ongoing



# Creating Opportunity and Flexibility

# Strengthening Partnerships

- **Cascadia:** Initiated planning to expand access
  - Providing transportation?
  - Streamlining information for students/families, including asynch options
  - Identifying high interest RS classes for local sites
  - Adding/expanding Dual Credit classes in our high schools
- **Bellevue:** Shared interest in providing expanded access



	9	10	11	12
1	English 9	English 10	English 11	English 12
2	World History 1 / elective	World History 2	US History	Civics / PE
3	Algebra 1	Geometry	Algebra 2	Precalculus
4	Biology	Physics in the Universe	Chemistry in Earth Systems	Forensic Science
5	Band	Band	Band	Band
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4

- Student participates in directed athletics qualifies for PE waiver w/ fitness assessment in 12<sup>th</sup> grade
- Online or WANIC Health



## Work in Progress: Sample Schedules

	9	10	11	12
1	Honors English 9	Honors English 10	English 11	English 12
2	World History 1 / elective	World History 2	US History	Civics / PE
3	Algebra 2	Precalculus	Choice	Choice
4	Biology	Chemistry	Physics	AP Biology
5	Band	Band	Band	Band
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4

- Student participates in directed athletics qualifies for PE waiver w/ fitness assessment in 12<sup>th</sup> grade
- Online or WANIC Health
- Advanced Courses w/ Middle School Credits Earned



## Work in Progress: Sample Schedules

	9	10	11	12
1	Honors English 9	Honors English 10	AP Language	AP Literature
2	World History 1 / elective	World History 2	US History	Civics / PE
3	Algebra 2	Precalculus	Choice	Choice
4	Biology	Chemistry	Physics	AP Biology
5	Band	Band	Band	Band
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4

- Student participates in directed athletics qualifies for PE waiver w/ fitness assessment in 12<sup>th</sup> grade
- Advanced Courses w/ Middle School Credits Earned



## Work in Progress: Sample Schedules

	9	10	11	12
1	Honors English 9	Honors English 10	AP Language	AP Literature
2	World History Honors 1	AP World History	AP US History	AP Government
3	Algebra 2	Precalculus	Choice	Choice
4	Biology	Chemistry	Physics	AP Biology
5	Band	Band	Band	Band
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4

- Student participates in directed athletics qualifies for PE waiver w/ fitness assessment in 12<sup>th</sup> grade takes health online
- Advanced Courses w/ Middle School Credits Earned



## Work in Progress: Sample Schedules



	9	10	11	12
1	Honors English 9	Honors English 10	AP Language	AP Literature
2	World History Honors 1	AP World History	AP US History	AP Government
3	Algebra 2	Precalculus	Choice	Choice
4	Biology	Chemistry	Physics	AP Biology
5	Lifetime Fitness	Walking / Racquet	Video Production 1	Video Production 2
6	Spanish 1	Spanish 2	Spanish 3	Spanish 4

- Advanced Courses w/ Middle School Credits Earned
- Non-performing arts student with fine art credit requirements



## Work in Progress: Sample Schedules

	9	10	11	12
1	Honors English 9	Honors English 10	AP Language	AP Literature
2	World History Honors 1	AP World History	AP US History	AP Government
3	Algebra 2	Precalculus	Choice	Choice
4	Biology	Chemistry	Physics	AP Biology
5	Lifetime Fitness	Walking / Racquet	Video Production 1	Video Production 2
6	Elective	Elective	Elective	Elective

- Student participates in directed athletics qualifies for PE waiver w/ fitness assessment in 12<sup>th</sup> grade
- Advanced Courses w/ Middle School Credits earned
- Non-performing arts student with fine art credit requirements
- WA Seal of Biliteracy – 4 Competency Based Credits – frees up considerable space in a schedule too



## Work in Progress: Sample Schedules

## Running Start - Part Time

	9	10	11	12	
1	English 9	English 10	English 11	Physics	
2	World History 1 Honors	World History 2	Precalculus	Photography 1	
3	Geometry	Algebra 2	Part time Running Start		
4	Biology	Chemistry			
5	Lifetime Fitness	Walking / Racquet Sports			
6	Spanish 1	Spanish 2	Fall	<ul style="list-style-type: none"> <li>• US History</li> <li>• Environmental Sci</li> </ul>	<ul style="list-style-type: none"> <li>• English 12</li> <li>• Civics</li> </ul>
			Winter	<ul style="list-style-type: none"> <li>• Business Law</li> <li>• Elective</li> </ul>	<ul style="list-style-type: none"> <li>• PreCalc II</li> <li>• Elective</li> </ul>
			Spring	<ul style="list-style-type: none"> <li>• Drawing 1</li> <li>• Elective</li> </ul>	<ul style="list-style-type: none"> <li>• Elective</li> <li>• Elective</li> </ul>

- Student participates in directed athletics qualifies for PE waiver w/ fitness assessment in 12<sup>th</sup> grade



# Work in Progress: Sample Schedules

# Schedule Questions

- **How can I get help with options and schedules?**
- **When is registration for my school?**
- **Where do I get information?**
- **What options are in place?**





## Schedule Questions

- School counselors are the best support for schedule questions
- Principals and Associate Principals are a great resource
- Focus on your path / plan as you develop your HSBP



## Timelines

- Registration beginning now as counselors visit middle schools into February
- Schools will communicate both timelines and opportunities
- Course catalog is available online now



## Information

- Look to schools for specific registration information
- Counselors visiting middle schools already
- School and district websites
- Parentsquare – usual communication tools from schools



## What Options Are Available

- Look to counselors to discuss various options that are aligned with your plan
- Credit retrieval @ school
- Outside credits – Policy 2410
- Performance Based credits – Policy 2409
- Coming Jan 2025



How and when will we have more information?

**Student  
Registration  
Timeline  
Unchanged**

**Staffing Process  
Unchanged  
February - March**

**Reinvestments  
February - June**



How and when will we have more information?

## Student Registration Unchanged

- Middle School Visits Now
- Key Contacts: Counselors and Building Administrators
- Course Catalog Online
- Timelines, Deadlines and Materials from Schools (Feb)

Staffing Process  
Unchanged  
February - March

Reinvestments  
February - June



## How and when will we have more information?

### Student Registration Unchanged

- Middle School Visits Now
- Key Contacts: Counselors and Building Administrators
- Course Catalog Online
- Timelines, Deadlines and Materials from Schools (Feb)

### Staffing Process Unchanged February - March

- Schedules Drive Staffing
- Principals Build Master Schedules
- Allocations from District Office in Late February / Early March
- Reconcile Staffing Needs

### Reinvestments February - June





## How and when will we have more information?

### Student Registration Unchanged

- Middle School Visits Now
- Key Contacts: Counselors and Building Administrators
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### Reinvestments February - June

Sequencing decisions  
Student registration / interest  
Staff availability  
Cost of negotiations



# How has the K-12 world changed since 2017?

- **Students can now be up to 1.6 FTE**
  - Students can take courses through Running Start get it paid for by the State AND remain a full-time high school student
- **Asynchronous / Online Courses** - (*Health, Other, Running Start, Online AP and other courses*)
- **Credit Retrieval Options**
- **Cross Crediting**
- **Organizational Mindset Shift**
  - System prioritized 4-year college above other paths
  - Shifting to prioritizing student agency / flexibility
  - Can extend in the ways that make sense for each student

